The STRONG STAR Consortium and the Consortium to Alleviate PTSD (CAP) are partnering, federally funded, multi-institutional research groups working to develop and evaluate the most effective early interventions possible for the detection, prevention, diagnosis, and treatment of combat-related posttraumatic stress disorder (PTSD) and related conditions in active duty military personnel and recently discharged veterans. Under the leadership of The University of Texas Health Science Center at San Antonio (UT Health San Antonio) and based in South/Central Texas, they bring together the expertise of a world-class team of military, civilian and VA institutions and investigators and one of the largest populations of post-9/11 military service members and veterans in the nation. With the critical mass of talent required to make major scientific advances in combat-related PTSD research, STRONG STAR and CAP investigators hope to improve countless lives by preventing the development of chronic PTSD and related problems in a new generation of veterans. For more information, visit www.STRONGSTAR.org and www.ConsortiumToAlleviatePTSD.org.

Key Facts:

- STRONG STAR is an acronym for the South Texas Research Organizational Network Guiding Studies on Trauma And Resilience.
- The original STRONG STAR Multidisciplinary PTSD Research Consortium was established in 2008 with leadership by The University of Texas Health Science Center at San Antonio (UT Health San Antonio) and funding from the U.S. Department of Defense to conduct 16 specified studies.
- Since its original funding, the STRONG STAR Consortium has added over 20 affiliated projects to its research repertoire, each with separate funding from a variety of federal and private sources.
- In 2013, in response to a National Research Action Plan called for by President Obama, the Departments of Defense and Veterans Affairs jointly funded and established the Consortium to Alleviate PTSD (CAP) under the leadership of UT Health San Antonio and the VA’s National Center for PTSD. The CAP is building on STRONG STAR success and capitalizing on its established research infrastructure to launch another dozen studies on PTSD and related conditions, with a particular focus on the detection of biomarkers to aid in diagnosis, prevention, and successful treatment.
- Together, STRONG STAR and the CAP form the world’s largest research group focused on combat-PTSD and related conditions, with more than 150 collaborating investigators from over 40 military, VA, and civilian institutions.
- The consortia’s nearly 50 research projects include randomized clinical trials on the treatment of PTSD and related conditions as well as a variety of epidemiological, biological, preclinical, prevention, observation, and training studies and initiatives.
- STRONG STAR and CAP are the largest PTSD research groups working in military settings to have successfully conducted multiple, large-scale randomized clinical trials with active duty military populations.
- Treatment studies take the leading and most promising new treatments for PTSD, tailor them to the unique needs of active military and combat veterans, and evaluate them for efficacy with these populations, as well as for their feasibility in military and VA settings.
- Based on a vast array of military-relevant studies, forthcoming findings from STRONG STAR and CAP research are set to inform and influence national policy on the care and treatment of psychologically wounded war fighters for years to come.
- Want to learn more about our open treatment studies? Visit www.strongstar.org/treatment.
STRONG STAR
“Building Strong, Resilient Warriors”

The following is a partial listing of our collaborators:

San Antonio Collaborators
The University of Texas Health Science Center at San Antonio
Brooke Army Medical Center
National Trauma Institute
South Texas Veterans Health Care System
The University of Texas at San Antonio
Wilford Hall Ambulatory Surgical Center

State of Texas Collaborators
Carl R. Darnall Army Medical Center, Fort Hood
Central Texas Veterans Health Care System
Texas A&M University Health Science Center
Texas National Guard
The University of Texas at Arlington
University of North Texas

National & International Collaborators
Atlanta VA Medical Center
Boston University
Duke University Medical Center
Emory University
Institute for Systems Biology
James A. Haley VA Hospital, Tampa, FL
Medical University of South Carolina
Michael E. DeBakey VA Medical Center, Houston, TX
National Center for PTSD, VA Boston Healthcare System
Pennsylvania State University
Ralph H. Johnson VA Medical Center, Charleston, VA
Ryerson University, Toronto, Ontario, Canada
University of Memphis
University of Michigan
University of Pennsylvania
Uniformed Services University of the Health Sciences
University of Utah
University of Virginia
U.S. Air Force School of Aerospace Medicine
VA Connecticut Healthcare System
Wake Forest School of Medicine
Wright State University
Yale School of Medicine

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